

For students with disabilities or learning differences

We are sharing this information with you because you have indicated that your student learns differently than other students. In order for you to assess if Guided Self Assessment can be a good fit for your student, we are providing this additional information.

Students who complete Guided Self Assessment will engage with several steps in the process:

- Meet independently with their facilitator so that the student has the full responsibility and opportunity to represent themselves and their experiences.
- Participate in our interview-based process (all verbal conversation) with their facilitator (there are five one-hour interviews).
- Complete “homework” (typically a single page assignment) between each meeting.
- Participate in a family meeting that will last around two hours.
- Engage with career exploration and arrange/complete an informational interview with a professional.

Given our process and the experience set of our facilitators, these are accommodations that a student may request/access during Guided Self Assessment:

- During the interview phase, there is no substitute for engaging in the verbal conversations. If a student needs a short break during an interview, that can be accommodated. For students that struggle with eye contact, please let us know, so our facilitator is sensitive to their needs in this area. For students sensitive to the noise of their environment, we can meet via online technology.
- If a student needs support around the logistics of meetings (scheduling, reminders, etc.), we can include a parent(s) in that communication.
- Each homework’s concept/output can be completed in whatever format is best for the student (recording an answer on video, for example, versus handwriting or typing the answers).
- During the family meeting, a short break in the middle can be arranged as an accommodation.
- For a student that cannot complete an informational interview, reasonable video substitutes may be used as an accommodation.

Please keep in mind that the team of professionals at At The Core are experts in our process and in supporting teens to consider their self assessment and career exploration process, not in disabilities or learning differences.



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